

## Medical: Excited Delirium

### EMR

- High flow O2 or most effective means of administering oxygen.
- If patient body temperature exceeds 102° F, move patient to cooler environment and remove clothing. Cool aggressively with wet sheets, cool packs, and/or evaporative airflow. Avoid ice packs and cold water immersion. Lower body temperature to 102° F.
- \*Check blood sugar, if hypoglycemic refer to **diabetic protocol**.
- Restrain patient only as necessary to safely allow for the patients assessment and necessary care. When restraints are necessary refer to **Restraint for Aggressive or Violent Patients Procedure**
- A protective face mask or hood may be applied to the patient if necessary to reduce the potential transmission of disease via saliva.

### EMR STOP

### EMT

- Consider Cardiac monitor

### EMT STOP

### EMT IV

### ADVANCED EMT

- Consider vascular access.

### EMT IV / ADVANCED EMT STOP

### Key Points/Considerations

- This protocol deals with one of the most challenging clinical situations you may face among your EMS responses. The protocol identifies goals of evaluation and treatment, but it may only be implemented in an environment with a reasonable degree of safety for the EMS providers. Furthermore, the ability to achieve specific aspects of this protocol will be dependent on the severity of the patient's condition and their willingness to allow medical care.