

Medical: Nosebleed (Epistaxis)

EMR

- ABC and vital signs
- Airway management with **oxygen** therapy maintaining a SaO₂ of 94-98% through titration
- Control bleeding by compressing nostrils with head tilted forward.
- For continued bleeding and reduction in blood pressure, refer to Hypoperfusion / Hypovolemia protocol

EMR STOP

EMT

- If bleeding is not controlled by direct pressure have patient blow their nose and clear the nostril and administer ***Oxymetazoline (Afrin)** 2-3 sprays in affected nostril(s).
- After administration continue with direct pressure.

EMT STOP

EMT IV

ADVANCED EMT

- Vascular access
- For continued bleeding and a reduction in blood pressure, refer to the Hypoperfusion / Hypovolemia protocol.

EMT IV / ADVANCED EMT